

FAQS FOR STRIVE WEEKENDER

1. What is included in the entry fee?

Included:	Excluded:
<ul style="list-style-type: none">• 1x night stay at a hotel on Friday 21st June with your fellow strivers.• Dinner (excluding drinks) on the evening of Friday 21st June.• Kit & Merchandise:<ul style="list-style-type: none">• 1 x technical t-shirt• 1 x cap• 1 x tote bag• Private transfers to the start line on Saturday 22nd June.• 1 x night stay in reserved area of the overnight festival-style campsite in Windsor on Saturday 22nd June• Dinner (excluding drinks) on the evening of Saturday 22nd June.	<ul style="list-style-type: none">• Travel to STRIVE hotel• Travel from finish line• Personal travel and liability insurance (if applicable)• Sports nutrition (please bring your favourite drinks, snacks and sports bars)

2. What is The STRIVE Weekender 2019?

The STRIVE Weekender 2019 is a new format and is the sixth event in the STRIVE series. Previous events have included:

- a. The Virgin STRIVE Challenge 2014: London to the summit of the Matterhorn,
- b. STRIVE 2015: The West Highland Way and Ben Nevis
- c. The Virgin STRIVE Challenge 2016: The Matterhorn to Mt Etna
- d. STRIVE Morocco: Mount Toubkal
- e. The Virgin STRIVE Challenge 2018: Sardinia to Mt. Blanc

From 21st-23rd June, a team of strivers will run, walk and jog the Race to the King: a 2-day ultra-marathon across the beautiful South Downs, finishing on the steps of Winchester Cathedral; the burial place of the first Kings and Queens of England.

3. What is the STRIVE Weekender 2019 raising money for?

All funds raised by STRIVE is used by Big Change to support young people to thrive in a world of constant change.

We do this by partnering with pioneering projects tackling the root causes of problems faced by young people. Big Change funds projects at a very early stage, when no one else will. We leverage this support by providing a program of non-financial support over three years – allowing them to learn, grow, and prove their model to create long-term positive change at scale.

4. When is it taking place?

We will be gathering our strivers at a local hotel in Sussex on Friday 21st June to meet each other, eat together and hear from Big Change projects partners. We will then take part in the Race to the King and complete the route from Saturday 22nd-Sunday 23rd June, finishing on the steps of Winchester Cathedral, from where our strivers will depart.

5. How many people will be involved?

Our team of up to 70 strivers will be joined by up to 2000 other participants on the Race to the King.

6. How much are the entry fees and fundraising targets?

- The entry fee is £299 and each participant has a fundraising target of £1,000.

7. I want to take part - what do I do?

Get in touch with our Community Manager Freddie (freddie@big-change.org) who will send you the link to our sign-up page. Once there, fill in your details, pay your entry fee and secure your place! Tickets are sold on a first come first served basis so do be quick before they sell out.

8. I have booked and would like to book my travel arrangements

All logistical information and suggested travel plans can be found in your Event Info Guide. A link will be sent to you once you have signed up.

9. How do I meet the rest of the group? I am travelling from a destination other than the UK and would like to plan accordingly?

All participants will be responsible for making your own way to the hotel. The hotel addresses can be found in your Event Info Guide, once you have signed up.

10. What type of accommodation will I be staying in?

Hotel accommodation will be provided on the first night and is included in your entry fee. You will be allocated a twin room with a buddy. On the second night, we will each have our own tent in the reserved STRIVE area of the Windsor campsite. Sleeping mats will be provided, but you must bring your own sleeping bag.

11.Can you help me with a training plan?

Training plans can be found on the participant portal on sign-up.

12.What should I pack? What kit do I need?

We will be providing selected items of kit for each stage and sending out a comprehensive packing list in the weeks before the event. These can also be found in your Event Info Guide.

13.Will I need to buy insurance?

If you are travelling from abroad, you will need to take out travel insurance and inform your provider of the activities you are undertaking.

14.Can supporters come along to cheer me on and stay with me?

By all means, however they cannot stay overnight. Spectators are allowed into the basecamp, and limited parking will be available for them. However, all non-overnight participants will need to be off the basecamp site by 10.00pm.

15.I don't want to participate but I do want to support the Challenge - what can I do?

We are always looking for supporters of any kind to help and the best way to stay in touch is by following us on our social media channels - click on the icons to the right to find us. Or even better, if you would like to make a donation, please click one of the donate buttons below.

16.It is telling me that tickets have sold out, what can I do?

I'm afraid we only have a limited number of tickets and can't promise everyone a ticket who wants one. Please do stay in touch on social media and if you are keen to hear more about the next challenge we do then send us an email titled "STRIVE 2020" to info@big-change.org.

17.Who is organising Race to the King?

Race to the King is being organised by Threshold Sports, a sports company specialising in mass participatory events.

